













At HOME

on the Sound

Member Events

At a Glance

March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Call if you need transportation: 914-899-3150</p>	<p>Please give us as much notice as possible for any rides you need.</p>				<p>1</p> <p>Men's Group – 1:30PM (MAM'K LIBRARY)</p>	<p>2</p>  <p>National Egg McMuffin Day</p>
<p>3</p> <p>AHOTS Movie – 1PM Exhibition on Screen: Painting the Modern Garden</p>	<p>4</p>  <p>NATIONAL SNACK DAY</p>	<p>5</p> <p>Canasta – 9:30AM Knitting – 2:30PM</p>	<p>6</p> <p>Women's Group – 3PM (AHOTS OFFICE)</p>	<p>7</p> <p>Happy Hour 4PM – 6PM (SEDONA)</p> 	<p>8</p> <p>AHOTS Strength & Balance Training – 1:30PM (GRIT FITNESS STUDIO)</p>	<p>9</p>
<p>10</p> 	<p>11</p> <p>80's Group – 2PM (TOWN CENTER – CONF ROOM C)</p>	<p>12</p> <p>Canasta – 9:30AM Lecture Series – 4:00PM (ST. JOHN'S)</p>	<p>13</p> <p>AHOTS Radio Show – 3PM (MAM'K LIBRARY)</p> 	<p>14</p> <p>Coffee & Chat 10AM – 11:30AM (AHOTS OFFICE)</p>	<p>15</p> <p>Men's Group – 1:30PM (MAM'K LIBRARY)</p>	<p>16</p>  <p>National Artichoke Day March 16th</p>
<p>17</p>  <p>HAPPY St. Patrick's DAY</p>	<p>18</p> <p>Lunch Outing – 12:30PM (Sedona)</p> 	<p>19</p> <p>Canasta – 9:30AM Knitting – 2:30PM</p>	<p>20</p> <p>Women's Group – 3PM (AHOTS OFFICE)</p>	<p>21</p> <p>German Group – 3PM (Location TBD)</p>	<p>22</p> <p>AHOTS Strength & Balance Training – 1:30PM (GRIT FITNESS STUDIO)</p>	<p>23</p>
<p>24</p> <p>31</p>	<p>25</p>  <p>INTERNATIONAL Waffle DAY</p>	<p>26</p> <p>Canasta – 9:30AM Lecture Series – 4:00PM (ST. JOHN'S)</p>	<p>27</p>  <p>WORLD Theatre DAY</p>	<p>28</p>	<p>29</p> <p>Men's Group – 1:30PM (MAM'K LIBRARY)</p>	<p>30</p>  <p>goodbye, March</p>